

UTAH NROTC

SPRING NEW STUDENT ORIENTATION (NSO)

INFORMATION PACKAGE

CURRENT COVID-19 MITIGATION MEASURES MAY IMPACT OUR EXECUTION OF NEW STUDENT ORIENTATION. WHILE IT IS PRUDENT TO PLAN FOR COMPLETE SCOPE OF OPERATIONS, FUTURE MODIFICATIONS DUE TO ONGOING CONCERNS SHOULD BE EXPECTED. ALL ARE ADVISED OF THE LIKELIHOOD OF CHANGE.

1. The following information is provided to guide your preparation and readiness prior to NSO. Please contact the University of Utah NROTC Unit with any questions or concerns regarding these instructions. **All correspondence is preferred via email due to remote working conditions amidst COVID-19.** Contact information for all NSO inquiries and participant outputs is as follows:

Phone 801-581-6723

Email Address: nrotc@navsci.utah.edu

Fax Number: 801-585-9154

2. **Prior to Reporting:** Email or fax your Reply Form and Physical Examination to the University of Utah NROTC Unit **NO LATER THAN 1 AUG 2020.**
- a. **Reply Forms:** Reply forms, providing your confirmation or denial of NSO attendance, must be submitted to the University of Utah NROTC Unit by **1 Aug 2020.** Please submit your reply form via email, with the following subject line:
 - i. “Last Name - Reply Form NSO 2020”
 - b. **Physical Exam:** It is imperative that all students are found physically qualified before participating in the orientation. **You will not be allowed to participate without documentation of a completed sports physical.**
 - ① **College Program Students:** You will need to obtain a sports physical before arriving at orientation. You must submit a copy of your sports physical with your reply form no later than **1 Aug 2020.**
 - ② **Immunization Record:** Please bring your current immunization record with you. We’ll copy it and return it to you. Provide us with your blood type on the enclosed “Bio Information” form, see enclosure (2).

3. **Reporting:** Reporting time is **0600, 21 AUG 2020** at the Naval Science Building (#43) on the University of Utah Campus located at 110 South 1452 East, Salt Lake City, UT 84112. A University of Utah map is provided in Enclosure (1). The Naval Science Building is in sector 2C with the building designation of “NS.”

4. **YOU MUST BRING YOUR ORIGINAL STATE or FEDERAL BIRTH CERTIFICATE AND SOCIAL SECURITY CARD (NO COPIES)**. These are required before you can participate in NSO. A valid passport is strongly recommended for future summer training.

5. **Money:** You are required to bring \$70 (cash or check) for unit polo, t-shirt, and ball cap issue. It will be your responsibility to safeguard any cash or credit cards that you bring with you.

6. **Housing and Food:** NSO participants are expected to house in their respective room and board options (i.e. dorms, off-campus living, etc). The University of Utah NROTC unit will provide food (Meal Ready to Eat; MRE) to sustain each participant during training. Do not bring any food. If transportation is needed in the Salt Lake City area (e.g. from the Airport to the Unit), notify the NROTC Unit **no later than 1 Aug 2020**.

7. **Vehicles:** Participants are advised against bringing a vehicle unless they have a valid University of Utah parking permit and are willing to leave the vehicle unattended.

8. **Personal Items at NSO:** Personal jewelry other than watches and/or wedding and engagement rings are not to be worn. Stereo equipment is not authorized. Neither tobacco nor alcohol is authorized. If traveling a great distance or preparing to move into the dorms, items may be secured at the Naval Science Building until completion of NSO. Required hygiene items should be brought to NSO per Enclosure (3).

9. **Grooming Standards:** Prior to arrival, men shall have a fresh shave and haircut that meets Navy and Marine Corps regulations (see enclosure (4)). Women shall wear their hair up and not show rubber bands or hair pins. The hair may not fall below the bottom of the uniform collar. Fingernails will not exceed 1/4 inch beyond the finger. Further grooming standards will be discussed in class during NSO.

10. **Physical Fitness:** NSO will include physical training. **Show up in shape!** Participants should be prepared to participate in the practice Physical Fitness Assessment (PFA)/Physical Fitness Test (PFT) during NSO in preparation for the official event. The first official PFA/PFT will take place in October. You will be required to perform one official PFA/PFT each semester while in NROTC. It is important to note that most of our physical training is performed at or above 5,000 feet in altitude. Take this into consideration when preparing for NSO.

- a **Body Composition Assessment (BCA), PFA/PRT:** BCA/Body Fat standards and age adjusted PFA standards for Navy options can be found at: www.navy-prt.com which includes current links as well as the current physical fitness instruction. BCA/Body Fat standards and age adjusted

PFT standards for Marine options can be found in Marine Corps Order (MCO) 6110.3 which can be downloaded using most search engines online.

11. **Mail/Phone:** Mail sent to individuals at the NROTC Unit during NSO will be distributed on a daily basis. It is requested that phone calls to participants, except in case of emergency or if absolutely necessary, not be made during NSO. Please inform family and friends. Cell phones are only authorized on the morning of 21 Aug 2020, during the inprocessing portion of NSO. Cell phones will be confiscated and stored in a secured area immediately following inprocessing and returned after the completion of NSO.

12. **Special Requirements:** Special requirements that may impact training readiness should be submitted to the NROTC staff immediately by calling (801) 581-6723.

13. **Family Invitation:** Parents are encouraged to meet with the Commanding Officer and Executive Officer on the day of NSO while each participant receives their welcome aboard briefing. Orientation will include a parent briefing, swearing-in ceremony, and a battalion picnic; parents are encouraged to attend all of the aforementioned events.

14. **The Typical Day:** A typical NSO training day is 12 hours long and includes university instruction, military drill instruction, administrative procedures, physical training (PT), military instruction, team building, uniform and personal gear preparation and inspection, and study time.

15. Class Registration:

a **Scholarship Students, University of Utah:** During University Orientation an advisor from your intended major department or the University College will help you finalize a schedule for the Spring Semester. Some things to keep in mind while registering:

- (1) You must sign up for NV SC 1020, Seapower and Maritime Affairs. It is on Monday and Wednesday (MW) 0935-1055 with lab on Thursday from 1505-1700. This can be found on the “U” website course catalog.
- (2) For Navy options, you must complete a year of calculus by the end of your sophomore year. If you are not ready to take MATH 1210 or 1215 in the spring then you should register for a preparatory math class such as MATH 1050, College Algebra.
- (3) It is strongly recommended to take WRTG 2010. This class satisfies both a University General Education requirement and an NROTC requirement. This class will also improve your writing skills which will be vital to your success at the college level and beyond.

- (4) Always look for classes that satisfy more than one requirement. For example, three classes satisfy the NROTC National Security Policy/American Military History requirement as well as an intellectual exploration requirement. Many classes satisfy both the diversity requirement and that for intellectual exploration.

b **Scholarship Students, Westminster College:** Most of you will have registered for your classes already. Deb Vickery at Westminster will set up your schedule for you, but you are ultimately responsible for your own degree planning. Please check your schedule against the following guidelines:

- (1) You must be cross enrolled for NV SC 1010 at the University of Utah.
- (2) Your NROTC class requirements are met by the following classes:
 - a. Calculus: MATH 201 and 202 (Satisfies skills requirement)
 - b. Physics: PHYS 211 and 212 (Satisfies Group 2)

c. **College Program Students (Non-scholarship Students), University of Utah:** Your academic requirements are the same as the requirements for the scholarship students with the exceptions of math and science:

- (1) You must sign up for NV SC 1010.
- (2) You must complete a year of college level math by the end of your junior year.
- (3) If you wish to compete for a scholarship, you will need to meet the scholarship math requirement and complete one year of calculus by the end of your sophomore year. If you are not ready to take MATH 1210 or 1215 then you should register for a preparatory math class such as MATH 1050, College Algebra
- (4) College Program students must also complete a year of physical science (chemistry, physics, earth science, astronomy, geology, agrophysics, soil science, geomorphology, geophysics, physical geography, seismology, meteorology, and oceanography).

d. **College Program Students (Non-Scholarship Students), Westminster College:** Your academic requirements are the same as for scholarship students with the following exceptions:

- (1) Math (in lieu of Calculus): Two semesters at the MATH 141 and higher level
- (2) Science (in lieu of Physics): Two semesters of physical science. If you earn scholarship status, you will have to complete all of the scholarship requirements.