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## **References**

- (1) General Navy Uniform Regulations  
<https://www.public.navy.mil/bupers-npc/support/uniforms/uniformregulations/Pages/default.aspx>
- (2) US Naval Academy Uniform Regulations  
<https://www.usna.edu/UniformRegs/index.php>
- (3) Battalion Handbook Rev 14AUG14  
[https://nrotc.utah.edu/\\_documents/BATT%20HAND%202014%2008142014.pdf](https://nrotc.utah.edu/_documents/BATT%20HAND%202014%2008142014.pdf)

## Service Khakis

### Required Uniform Components:

- Shirt, Khaki, Service
- Trousers, Khaki, Service
- Cap, Combination, Khaki
- Shoes, Dress, Black
- Socks, Black
- Undershirt, White
- Belt, Khaki, w/Gold Clip
- Buckle, Gold
- Collar Insignia
- Ribbons

### Optional Items:

- Cap, Garrison, Khaki
- Gloves, Black Non-Leather
- Gloves, Black Leather
- Jacket, Black (Eisenhower)
- Name/Identification Tag
- Cold Weather Parka
- All-Weather Coat, Double Breasted

*Optional Items list is not exhaustive; refer to reference 1*

## **Shirt, Khaki, Service**

**Article 3501.46**

### **Correct Wear**

When worn, it is tucked into service slacks. Women's shirts button to the left and men's shirts button to the right. The shirt and trousers/slacks/skirt fabric must match (i.e. CNT with CNT and poly/wool with poly/wool).

## **Trousers, Khaki, Service**

**Article 3501.94**

### **Correct Wear**

Button all buttons, close all fasteners, and wear a belt through all loops. Trousers shall hang approximately 2 inches from the floor at the back of the shoe. Trousers should be tailored to include a 2 inch hem to provide material for adjustments.

## **Cap, Combination, Khaki**

**Article 3501.9**

### **Description**

A military style cap with black visor, rigid standing front, flaring circular rim and black cap band worn with detachable khaki or white cap cover, as required. Fabric match of cap cover and uniform is required. When wearing an all-weather coat, a clear plastic combination cap rain cover may be worn.

### **Correct Wear**

Wear squarely on the head, with bottom edge parallel to and 1-1/2 inch above the eyebrows.

## **Shoes, Dress, Black**

**Article 3501.54**

### **Description**

Plain toed, oxford style black lace shoe, made of smooth leather or synthetic leather. The heel shall be an outside heel 3/4 inch - 7/8 inch high with a flat sole.

### **Correct Wear**

Keep well shined and in good repair. Lace shoes from inside out through all eyelets and tie.

## **White Undershirt**

**Article 3501.101**

### **Description**

Made of white cotton or poly/cotton. May be sleeveless, V-neck, or crew neck.

### **Correct Wear**

Wear right side out, front of shirt to front of body. Crew neck shirts must be worn with Jumper Style uniforms and with all uniforms aboard ship and in areas where an industrial fire hazard exists. Other than as required above, women may wear undershirts optionally at shore commands, except when wearing utility and jumper style uniforms, crew neck undershirts are required. For shipboard restrictions, refer to article 1101.5.

## **Belt, Khaki, w/Gold Clip**

### **Article 3501.2**

#### **Description**

Plain cloth or webbing, same color as uniform, 1-1/4 inch wide (men), 1 inch wide (woman), and fitted with clip. A cotton or nylon web belt may be worn with all uniforms. If a cloth belt is worn, fabric shall match the uniform.

#### **Correct Wear**

Wear the belt through all loops.

- a. Men wear the belt with clip to the LEFT of the buckle.
- b. Women wear the belt with clip to the RIGHT of the buckle with the exception of the Navy Working Uniform (NWU) and Coveralls.

Unisex uniforms will have the belt clip to the LEFT of the buckle.

## **Buckle, Gold**

### **Article 3501.7**

#### **Description**

A plain gold anodized Navy belt buckle is authorized for inspections and ceremonial functions. A plain or decorated gold buckle with appropriate naval insignia, designs, or devices to which the wearer is entitled, the individual's present command, or if stationed ashore a previous sea command/squadron may be authorized for optional wear.

#### **Correct Wear**

- a. **Males.** Wear the buckle so that the belt clip end touches the LEFT side of the buckle. Align the right side of the buckle with the opening of the shirt and opening of the fly, forming a straight line. When authorized to wear a decorated buckle which is larger than the standard Navy buckle, it shall be worn centered with the clip end concealed.
- b. **Females.** Wear the buckle so that the belt clip end touches the RIGHT side of the buckle with the exception of the Navy Working Uniform (NWU) and Coveralls. Unisex uniforms will have the belt clip to the LEFT of the buckle. Align the left/right side of the buckle with the opening of the shirt forming a straight line. When authorized to wear a decorated buckle which is larger than the standard Navy buckle, it shall be worn centered with the clip end concealed.

## **Collar Insignia**

### **USNA Article 3102**

Shirt collar insignia consists of a gold fouled anchor, eagle, and bar worn on the collar tips of blue and khaki shirts, to indicate the wearer's class and or rank.



#### Insignia Indicating Class Rank

- a. **Anchor Insignia.** A gold metal fouled anchor, 5/8 inch (right and left).
- b. **Eagle-Anchor Insignia.** Consists of a spread eagle on gold metal fouled anchor. The device is 11/16 inch (right and left).

**Manner of Wear.** On closed collar shirts, pin this insignia on the collar so that the center of the first bar is approximately 1 inch from the front edge and 1 inch below the upper edge of the collar. The upper edge of bars are parallel to upper edge of collar. On open collar shirts, including the NWU Type I blouse, all midshipmen, except Captains, center insignia one inch from the front and lower edges of the collar and position it with the vertical axis of the insignia along an imaginary line bisecting the angle of the collar point. Captains wear insignia 1/4 inch from the lower and outside edges of the collar and position it with the vertical axis of the insignia along an imaginary line bisecting the angle of the collar point.

- a. **Midshipmen, First Class of other than Officer Rank.** Wear the eagle-anchor insignia on both collar points.
- b. **Midshipmen, Second Class.** Wear the anchor insignia on both collar points.
- c. **Midshipmen, Third Class.** Wear the anchor insignia on the right collar point only.
- d. **Midshipmen, Fourth Class.** Wear no insignia on collar.

#### Insignia Indicating Midshipman staff rank

**Manner of Wear.** On closed collar shirts, pin this insignia on the collar so that the center of the first bar is approximately 1 inch from the front edge and 1 inch below the upper edge of the collar. The upper edge of bars are parallel to upper edge of collar. On open collar shirts, all midshipmen, except Captains, center insignia one inch from the front and lower edges of the collar and position it with the vertical axis of the insignia along an imaginary line bisecting the angle of the collar point. Captains wear insignia 1/4 inch from the lower and outside edges of the collar and position it with the vertical axis of the insignia along an imaginary line bisecting the angle of the collar point.

- a. **Captain.** Wear six parallel bars, each 3/4 inch wide, and spaced 1/8 inch apart, connected by a thin strip of wire or metal.
- b. **Commander.** Wear five parallel bars each 3/4 inch wide, and spaced 1/8 inch apart and connected by a thin strip of wire or metal. (c) Lieutenant Commander. Wear four parallel bars each 3/4 inch wide, and spaced 1/8 inch apart and connected by a thin strip of wire or metal.
- c. **Lieutenant.** Wear three parallel bars each 3/4 inch wide, and spaced 1/8 inch apart and connected by a thin strip of wire or metal.

- d. **Lieutenant (junior grade).** Wear two parallel bars each 3/4 inch wide, and spaced 1/8 inch apart and connected by a thin strip of wire or metal.
- e. **Ensign.** Wear one bar.

## **Ribbons**

### **Battalion Handbook Section 409**

Ribbons are to be worn centered 1/4 inch above the left pocket and parallel to the top of the pocket. Medals are worn so that the brass hangs to the center of the left pocket. On Service Dress Blue uniforms, ribbons are worn parallel to the deck and ¼ inch above the pocket at the closest edge. Personnel authorized to wear Department of Defense ribbons, medals and other insignia will wear them in accordance with Navy Uniform Regulations. These devices will not be worn in combination with NROTC ribbons or 38 Revised 14AUG14 medals. All other special awards will be worn after NROTC ribbons.

## **Jacket, Black**

### **Article 3501.10**

#### **Correct Wear**

Close zipper at least 3/4 of the way. Button collar button back when not in use. May be worn with inner liner. Rank insignia is worn 3/4 of an inch from the end of the left and right epaulet.

#### **Insignia**

Anchor gold metal fouled anchor, 1-1/16 inch (right and left). Shall be worn centered on the shoulder straps of All-Weather coat and Relaxed Fit Jacket. The outer edge of the devices will be placed 3/4 inch from the squared end of the shoulder strap, unfouled.

- a. **Midshipmen, First Class.** Wear the eagle insignia on both shoulders.
- b. **Midshipmen, Second Class.** Wear the anchor insignia on both shoulders.
- c. **Midshipmen Third Class.** Wear the anchor insignia on the right shoulder only.
- d. **Midshipmen, Fourth Class.** Wear no insignia on the shoulders

## **Cap, Garrison, Khaki**

### **Article 3501.10**

**Insignia**

Shall be a gold metal fouled anchor 1 1/16 inches in length pinned to the left side of the cap in an upright position centered 2 inches from the front seam.

**Correct Wear**

Worn squarely on the head, with fore and aft crease centered vertically between the eyebrows and the lowest point approximately 1 inch above the eyebrows.

## Navy Working Uniform

### Required Items:

- Shirt, NWU III
- Trousers, NWU III
- Cap, Eight Point
- Boot, Black Leather 9"
- Socks, Black, Boot
- Undershirt, Coyote Brown, Crewneck
- Undershorts
- Belt, Khaki Cotton or Nylon w/Gold Clip
- Buckle, Gold
- Insignia, Chest (Embroidered)
- Name/U.S. NAVY Service Tapes
- Straps, Blousing

### Optional Items:

- Cap, Knit Watch
- Coat, Parka (w/ Black Fleece Liner)
- Gloves, Black Leather
- Gloves, Black Non-Leather

*Optional Items list is not exhaustive; refer to reference 1*



## **Shirt, NWU III**

### **Article 3603.4**

#### **Correct Wear**

Normal wear of the NWU shirt is outside the waistband of the NWU trousers. The NWU Type III mandarin collar folds down flat and the neck tab extension is secured under the left collar with hook and loop tape (Velcro). When directed for tactical or damage control application (such as when wearing chemical biological radiation gear, body vest armor and carrying weapons) the collar is worn in the up position with the Velcro tab pulled across the center of the neck and secured to the underside of the opposite collar. Sleeves will be fully extended and fastened at the cuff. When directed by appropriate authority, the shirt will be worn inside the trouser waistband (tucked in). Sleeves may be worn rolled up as directed by appropriate authority. When authorized, NWU sleeves will be rolled (cuff right-side out) forming a 3 inch wide band covered by the cuff of the shirt (the outside digital camouflage pattern of the NWU will show). The termination point of the roll is approximately 2 inches above the elbow. This manner of sleeve roll presents a short sleeve appearance and facilitates expeditious unrolling and fastening during emergent situations. All closures shall be secured with sewn buttons/holes.

## **Trousers, NWU III**

### **Article 3603.5**

#### **Correct Wear**

Wear fastened fully on the waist with belt buckle centered over the trouser fastener. Each trouser leg shall be bloused using blousing straps and cover the top three rows of the boot eyelets. When authorized by the appropriate authority trousers may be worn unbloused and the leg length will not touch the deck. Organizationally issued or personally purchased thermal underwear is authorized to be worn underneath the NWU trousers. Thermal underwear will not be visible when worn.

## **Cap, Eight Point**

### **Article 3603.1**

#### **Correct Wear**

The cap will be worn squarely on the head so that the visor is straight, just above the level of the eyes and parallel with the deck. Rank insignia is required for E4 and above Sailors on eight-point caps without the Anchor, Constitution and Eagle (ACE) logo embroidered above the visor. No rank insignia shall be worn on the eight-point cap with the embroidered ACE logo centered above the visor.

## **Boot, Black Leather 9"**

### **Article 3603.8**

#### **Correct Wear**

Smooth leather (8-inch or 9-inch) boots will be blackened and buffed. The optional 9-inch rough-side-out leather safety boot (steel toed) is authorized for wearing afloat at the discretion of the commanding officer and ashore. This optional rough-side-out boot will not require polishing but must be cleaned and maintained to present a well-kept manner.

Lace shoes from inside out through all eyelids and tie. Bootlaces will be tucked in a manner to present a well-kept appearance.

## **Undershirt, Coyote Brown, Crewneck**

### **Article 3603.2**

#### **Correct Wear**

Wear right side out, front of shirt to front of body. When worn with uniform trousers, the t-shirt will remain tucked in. The coyote brown undershirt is worn with the NWU Type II, III and optionally (blue or coyote brown) worn with the coveralls. Organizationally issued or personally purchased thermal underwear is authorized for wear underneath the undershirt and will not be visible when worn.

## **Insignia, Chest (Embroidered)**

### **USNA Article 3102**

#### **Correct Wear**

The rank insignia worn on the NWU Type III blouse shall be an embroidered "slip on" insignia. The slip on insignia shall be placed on the insignia tab located on the outside and center of the blouse. For the NWU Type III blouse, a slip on insignia made with NWU Type III material is the only authorized material that shall be worn.



a. **Midshipmen, First Class.** Wear a slip on embroidered eagle and anchor insignia on the insignia tab. This is the same size metal rank insignia worn on the collar of the working blue and khaki uniforms.

b. **Midshipmen, Second Class.** Wear a slip on embroidered anchor with two slanted stripes insignia on the insignia tab.

c. **Midshipmen Third Class.** Wear a slip on embroidered anchor with one slanted stripe slip on the insignia tab.

d. **Midshipmen, Fourth Class.** Wear no insignia on the insignia tab.

e. **Battalion Staff.** The same metal rank insignia worn on the collar of the Khaki uniform may be worn on the NWU Type III insignia tab. This is the same size metal rank insignia worn on the collar of the working blue and khaki uniforms. The metal insignia shall be worn such that the gold bars run horizontally on the insignia tab of the blouse.

## **Straps, Blousing**

### **Article 3603.9**

#### **Correct Wear**

Place blousing strap three eyelets down from top of the boot and fasten to boot. Tuck pant leg up under the strap to present a neat tucked in appearance.

## **Cap, Knit Watch**

### **Article 3501.11**

#### **Description**

Made of navy blue wool, closely knitted, bell shaped, pullover style, 11 to 12 inches long, 8-1/4 inches wide at bottom, with 5/8 inch border.

#### **Correct Wear**

The watch cap will worn with a single fold approximately 3 1/2 inches - 4 inches diagonally from the base of the back of the head, across the ears and on the forehead with the bottom of the fold one fourth of an inch above the eyebrows. The watch cap will be worn snugly on the head. Rank/rate insignia is not authorized to be worn on the watch cap. When authorized by appropriate authority, will be worn during cold weather conditions that may result in personal injury if not worn.

## **Coat, Parka (w/ Black Fleece Liner)**

### **Article 3603.10**

#### **Correct Wear**

Close zipper at least 3/4 of the way. The parka is authorized outer wear worn with the matching pattern NWU. It is designed to be worn with or without the detachable black fleece liner. Puncturing, pinning, or sewing items to the parka's shell is not authorized, as this will degrade the parka's waterproof characteristics. Parka hood stowed unless being donned.

#### **Black Fleece Liner**

The 100% polyester, detachable Black Fleece Liner provides extra comfort and protection when worn with parka during extremely cold conditions. The accompanied black fleece liner is the only liner authorized to be worn with the NWU. The Black Fleece Liner is authorized to be worn as an optional standalone outer garment with the NWU Type I and NWU Type III. When wearing as an optional outer garment, the fleece will be worn over the NWU shirt/blouse, zippered at least 3/4 of the way and must have a sewn-on center chest rank tab and rank insignia for E4 and above personnel. When worn as an outer garment, the NWU shirt/blouse should not extend below the bottom of the fleece.

## Service Dress Blues

### Basic Uniform Components:

- Coat, Service Dress Blue
- Shirt, White, Dress
- Trousers, Blue, Dress
- Cap, Combination, White
- Shoes, Dress, Black
- Socks, Black
- Undershirt, White
- Undershorts
- Belt, Black, w/Gold Clip
- Necktie, Black, Four-in-Hand
- Buckle, Gold
- Lapel Anchors
- Epaulette Rank (Soft Shoulder Boards)
- Ribbons

### Optional Items:

- Tie Clasp/Tack
- Name/Identification Tag
- Necktie, Bow, Black

*Optional Items list is not exhaustive; refer to reference 1*

**Coat, Service Dress Blue****Article 3501.16****Correct Wear**

Button all buttons. Coat may be removed in immediate office space. Commanders/ commanding officers should specify the areas within the command where coats are required.

**Shirt, White, Dress****Article 3501.49****Correct Wear**

Button all buttons. Officers and CPOs wear appropriate soft shoulder boards on the epaulets.

**Trousers, Blue, Dress****Article 3501.90****Correct Wear**

Button all buttons, close all fasteners and wear a belt through all loops. Trousers shall hang approximately 2 inches from the floor at the back of the shoe. Trousers should be tailored to include a 2 inch hem to provide material for adjustments

**Cap, Combination, White****Article 3501.9****Correct Wear**

Wear squarely on the head, with bottom edge parallel to and 1-1/2 inch above the eyebrows.

**Shoes, Dress, Black****Article 3501.54****Description**

Plain toed, oxford style black lace shoe, made of smooth leather or synthetic leather. The heel shall be an outside heel 3/4 inch - 7/8 inch high with a flat sole.

**Correct Wear**

Keep well shined and in good repair. Lace shoes from inside out through all eyelets and tie.

**Lapel Anchors****USNA Article 3101**



### Correct Wear

A plain gold anchor 17/16 inch long, the stock 3/4 inch wide, and the flukes 1-1/17 inches wide. The stock inclines at an angle of 8 degrees from the horizontal (right and left). Pin it on each collar tip of the coat so the anchor's crown is 1/2 inch above the notch of the lapel and the center line of the shank is parallel to and approximately 3/4 inch from the collar's outer edge. The lower end of the stock is outboard and the stock is approximately horizontal.

## Epaulette Rank (Soft Shoulder Boards)

### USNA Article 3102

#### Correct Wear

The insignia for shoulder boards consists of a metal fouled anchor alone or in combination with stripes, indicating the wearer's class. Worn through sewn-on epaulettes attached to white dress shirt shoulders. The wide end of the epaulette is worn near the shoulder.

- a. **Midshipmen, First Class.** Center a gold metal fouled anchor, 1-1/16 inches in length, with other dimensions proportionate, on the shoulder board with the crown 2 inches from the squared end and the unfouled arm of the stock to the front. Place one yellow stripe, 1/8 inch wide, with the outer edge 5/8 inch from and parallel to the squared end of the shoulder board (right and left).
- b. **Midshipmen, Second Class.** Same as prescribed for Midshipman, First Class, except that there are two yellow stripes, 1/8 inch wide, placed diagonally across the shoulder board. The front edge of the bottom stripe is 5/8 inch and the rear edge of the bottom stripe is 1-5/8 inches from the squared end of the board. The stripes are parallel and spaced 1/8 inch apart; lower end to the front (right and left).
- c. **Midshipmen, Third Class.** Same as prescribed for midshipmen, Second Class, but the upper stripe is omitted (right and left).
- d. **Midshipmen, Fourth Class.** Same as midshipmen, First Class, but the stripe is omitted (right and left). For women the anchor crown is 1-1/4 inches from the squared end.

## Ribbons

### Battalion Handbook Section 409

Ribbons are to be worn centered 1/4 inch above the left pocket and parallel to the top of the pocket. Medals are worn so that the brass hangs to the center of the left pocket. On Service Dress Blue uniforms, ribbons are worn parallel to the deck and 1/4 inch above the pocket at the closest edge. Personnel authorized to wear Department of Defense ribbons, medals and other insignia will wear them in accordance with Navy Uniform Regulations. These devices will not be worn in combination with

NROTC ribbons or 38 Revised 14AUG14 medals. All other special awards will be worn after NROTC ribbons.

## **Tie Clasp/Tack**

### **Article 3501.54**

#### **Description**

Shall be gold for officers/CPOs, decorated or plain with appropriate insignia to which the wearer is entitled. Tie clasp shall be not more than 5/16 inch wide. Tie tack shall be no more than 5/8 inch in diameter.

#### **Correct Wear**

May be worn on the four-in-hand tie, 1 inch below the center of the tie in a horizontal position. The uniform coat should cover it.

## **Tie Clasp/Tack**

### **Article 3501.54**

#### **Description**

Shall be plain style with square ends between 2 inches and 2-3/4 inches in vertical width. May be clip-on or hand tied.

#### **Correct Wear**

Bow tie should cover the top shirt button.

## Summer Service Whites

### Required Items:

- Shirt, White, Summer
- Trousers, White
- Cap, Combination, White
- Shoes, Dress, White
- Socks, White
- Undershirt, White
- Underclothing, White
- Belt, White, w/Gold Clip
- Buckle, Gold
- Shoulder Boards (Hard)
- Ribbons

### Optional Items:

- Jacket, Black (Eisenhower)
- Name/Identification Tag

*Optional Items list is not exhaustive; refer to reference 1*



## **Shirt, White, Summer**

**Article 3501.53**

### **Correct Wear**

Men button all buttons; women button all buttons except the top collar button. Officers wear appropriate hard shoulder boards.

## **Trousers, White**

**Article 3501.98**

### **Correct Wear**

Button all buttons, close all fasteners, and wear a belt through all loops. Trousers shall hang approximately 2 inches from the floor at the back of the shoe. Trousers should be tailored to include a 2 inch hem to provide material for adjustments.

## **Cap, Combination, White**

**USNA Article 3106**

### **Insignia**

On the combination cap shall be a gold pin-on fouled anchor 1-13/16 inches in length attached to the mount of the cap band, unfouled arm of the stock shall be to the wearer's right.

### **Chin Strap**

Shall be 3/8 inch wide faced with gold lace and secured at each end by Navy eagle gilt buttons.

### **Manner of Wear**

Worn squarely on the head, bottom edge horizontal approximately 1 and 1/2 inches above the eyebrows.

## **Shoes, Dress, White**

**Article 3501.54**

### **Description**

Plain toed, oxford style white lace shoe, made of smooth leather or synthetic leather. The heel shall be an outside heel 3/4 inch - 7/8 inch high with a flat sole.

### **Correct Wear**

Keep well shined and in good repair. Lace shoes from inside out through all eyelets and tie.

## **Underclothing**

**Article 3501.102**

### **Description**

White underclothing is required for wear with white service uniform

## Shoulder Boards (Hard)

### USNA Article 3102

#### Class Shoulder Boards.

The insignia for shoulder boards consists of a metal fouled anchor alone or in combination with stripes, indicating the wearer's class.

a. **Midshipmen, First Class.** Center a gold metal fouled anchor, 1-1/16 inches in length, with other dimensions proportionate, on the shoulder board with the crown 2 inches from the squared end and the unfouled arm of the stock to the front. Place one yellow stripe, 1/8 inch wide, with the outer edge 5/8 inch from and parallel to the squared end of the shoulder board (right and left).

b. **Midshipmen, Second Class.** Same as prescribed for Midshipman, First Class, except that there are two yellow stripes, 1/8 inch wide, placed diagonally across the shoulder board. The front edge of the bottom stripe is 5/8 inch and the rear edge of the bottom stripe is 1-5/8 inches from the squared end of the board. The stripes are parallel and spaced 1/8 inch apart; lower end to the front (right and left).

c. **Midshipmen, Third Class.** Same as prescribed for midshipmen, Second Class, but the upper stripe is omitted (right and left).



d. **Midshipmen, Fourth Class.** Same as midshipmen, First Class, but the stripe is omitted (right and left). For women the anchor crown is 1-1/4 inches from the squared end.

## Ribbons

### Battalion Handbook Section 409

Ribbons are to be worn centered 1/4 inch above the left pocket and parallel to the top of the pocket. Medals are worn so that the brass hangs to the center of the left pocket. On Service Dress Blue uniforms, ribbons are worn parallel to the deck and 1/4 inch above the pocket at the closest edge. Personnel authorized to wear Department of Defense ribbons, medals and other insignia will wear them in accordance with Navy Uniform Regulations. These devices will not be worn in combination with NROTC ribbons or 38 Revised 14AUG14 medals. All other special awards will be worn after NROTC ribbons.

## Jacket, Black

## **Article 3501.10**

### **Correct Wear**

Close zipper at least 3/4 of the way. Button collar button back when not in use. May be worn with inner liner. Rank insignia is worn 3/4 of an inch from the end of the left and right epaulet.

### **Insignia**

Anchor gold metal fouled anchor, 1-1/16 inch (right and left). Shall be worn centered on the shoulder straps of All-Weather coat and Relaxed Fit Jacket. The outer edge of the devices will be placed 3/4 inch from the squared end of the shoulder strap, unfouled.

- a. **Midshipmen, First Class.** Wear the eagle insignia on both shoulders.
- b. **Midshipmen, Second Class.** Wear the anchor insignia on both shoulders.
- c. **Midshipmen Third Class.** Wear the anchor insignia on the right shoulder only.
- d. **Midshipmen, Fourth Class.** Wear no insignia on the shoulders

## Physical Training Uniform

### Required Items:

- Shirt, PTU (Short Sleeve), Gold
- Shorts, PTU, Blue
- Shoes, (Sneakers), Athletic
- Socks, Athletic

### Optional Items:

- Cap, Knit (Watch)
- Shirt, PTU (Long Sleeve), Gold
- Shirt, Sweat, Navy
- Pants, Sweat, Navy
- Jacket, Fitness Suit, Navy
- Pants, Fitness Suit, Navy

*Optional Items list is not exhaustive; refer to reference 1*

## **Shirt, PTU (Short Sleeve), Gold**

### **Article 3601.3**

#### **Description**

Gold, 100% polyester with anti-microbial and moisture wicking materials and a crewneck collar. It is of loose fit design in unisex sizing. Contains the word "NAVY" in reflective 1½" capital letters affixed to the upper left front side and upper center back of the shirt in 3" capital letters.

#### **Correct Wear**

Wear right side out, front of shirt to front of body with sleeves rolled down.

## **Shorts, PTU, Blue**

### **Article 3601.6**

#### **Description**

Navy Blue, with 100% nylon shell and 100% polyester (with moisture wicking and odor-resistant) liner. Elastic and drawstring waistband with two side pockets (one on each side) and one hidden elastic ID card pocket attached to the waistband of the inside liner. The shorts also contain the word "NAVY" in reflective 1½" capital letters affixed to the front left leg. Shorts come in various unisex sizes with either a 6" or 8" leg length.

#### **Correct Wear**

Shorts will be worn fully on the waist. The length of the shorts will not extend below the top of the knee. Additionally, the PTU shorts will be worn in conjunction with the PTU Shirt as outlined in article 3601.3.

## **Shoes, (Sneakers), Athletic**

### **Article 3106.4**

#### **Description**

Low or high-cut commercial brand athletic shoe designed to support planned exercise. Shoes should be comfortable and support the planned exercise, color is optional.

#### **Correct Wear**

Wear with athletic socks and close all fasteners.

## **Socks, Athletic**

### **Article 3601.7**

#### **Description**

Made of undecorated, plain or ribbed, cotton, polyester, or lycra, or any combination of those knitted materials. Socks shall not extend above mid-calf. Low cut socks are authorized. When performing unit or group PT, solid white, black or grey colored athletic socks, with or without logos shall be worn.

#### **Correct Wear**

Wear right side out.

## **Cap, Knit Watch**

**Article 3501.11**

### **Description**

Made of navy blue wool, closely knitted, bell shaped, pullover style, 11 to 12 inches long, 8-1/4 inches wide at bottom, with 5/8 inch border.

### **Correct Wear**

The watch cap will worn with a single fold approximately 3 1/2 inches - 4 inches diagonally from the base of the back of the head, across the ears and on the forehead with the bottom of the fold one fourth of an inch above the eyebrows. The watch cap will be worn snugly on the head. Rank/rate insignia is not authorized to be worn on the watch cap. When authorized by appropriate authority, will be worn during cold weather conditions that may result in personal injury if not worn.

## **Shirt, Sweat, Navy**

**Article 3501.10**

### **Description**

The Navy sweat shirt is navy blue, 50/50 cotton/polyester blend (hooded or crew neck), with reflective navy lettering outlined in silver centered on the upper back and upper left front.

### **Correct Wear**

The Navy sweat shirt may be optionally worn with the PTU during command directed group/unit PT and will be worn outside of the sweat pant.

## **Pants, Sweat, Navy**

**Article 3501.11**

### **Description**

The sweat pant is navy blue, 50/50 cotton/polyester blend, with reflective lettering horizontally outlined in silver on the upper thigh of the left pant leg.

### **Correct Wear**

The navy sweat pant may be optionally worn with the PTU during command directed group/unit PT and will be worn squarely on the waist with both pant legs fully extended.

## **Jacket, Fitness Suit, Navy**

**Article 3501.12a**

### **Correct Wear**

The Fitness Suit Jacket will be worn squarely over the shoulders, sleeve fully extended and zipped three-fourths of the way up (closed). The sleeve cuffs will extend over the wrist but not beyond the lower knuckle of the thumb. When performing unit or group PT, the fitness suit jacket will be worn over the PTU shirt.

## **Pants, Fitness Suit, Navy**

### **Article 3501.12b**

#### **Correct Wear**

The Fitness Suit Pants will be worn fully on the waist with the drawstring adjusted to secure the pants around the waist. The pants will not be of such length as to extend beyond the heel and touch the deck. When performing unit or group PT, the Fitness Suit Pants shall be worn over the PTU shorts.